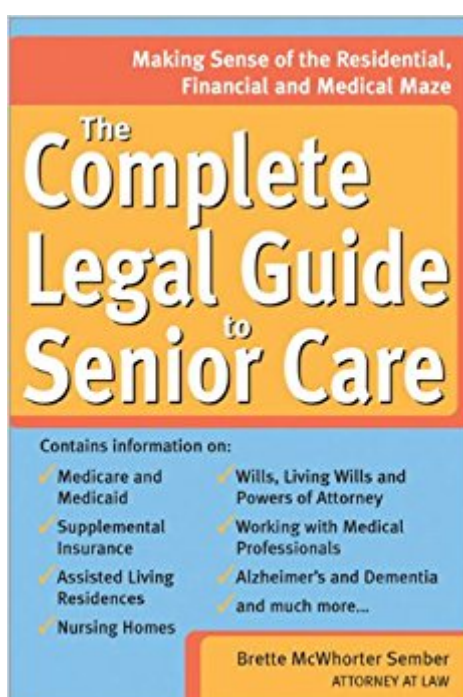


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# The Complete Legal Guide To Senior Care: Making Sense Of The Residential, Financial And Medical Maze



## Synopsis

Your Guide to Senior PlanningThe Complete Legal Guide to Senior Care contains all the information you need to make the right decisions for the seniors you care about and for yourself. Written by an attorney who practiced in estate planning, this book explains how to manage residential, financial and medical matters as well as the legal issues that accompany them. In addition, it addresses how to help seniors cope with the emotions that accompany aging and how to discuss with them the delicate issues that aging brings. Checklists, tips and evaluation forms are included to help you organize your thoughts and keep track of paperwork. These include tips for talking with doctors, checklists for evaluating the quality of care provided by nursing homes and other residential options and tips on how to handle appeals for Medicare or Medicaid. This reference also provides extensive appendices that contain organizations, contact information, specific books and websites that refer you to even more helpful information and support. This book will guide you in:--Arranging wills, living wills, powers of attorney and estate planning--Evaluating and selecting assisted living residences, continuing care retirement communities, nursing homes and other options--Considering long-term care insurance, Medigap coverage and reverse mortgages--Determining the level of care required--Managing a senior's finances--Working with other family members to coordinate care--Balancing your life as a caregiver--Obtaining hospice care

## Book Information

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## Customer Reviews

Designed to help you make reasoned and intelligent choices about senior care, this title covers all

the legal issues and many of the practical, day to day issues involved in choosing and managing senior care. Each chapter contains checklists, tip sheets and questionnaires to help you gather and evaluate information.

Brette McWhorter Sember is a former New York state attorney and skilled mediator. She was on the Law Guardian panel in four counties and acted as a volunteer mediator for the Better Business Bureau. Sember is an expert at explaining and simplifying legal concepts. She has written more than 30 books, including *File for Divorce in New York*, *Tenant's Rights in New York*, *Landlord's Rights in New York*, *The Complete Legal Guide to Senior Care*, *The Complete Credit Repair Kit*, *The Infertility Answer Book*, *The Adoption Answer Book*, *How to Parent with Your Ex*, *Gay & Lesbian Legal Rights*, *How to Form a Corporation in New York*, *Child Custody, Visitation, and Support in New York*, *Seniors' Rights* and many more. Her web site is [www.BretteSember.com](http://www.BretteSember.com).

I found this book to be a huge asset. It covered every aspect of my parents situation. Most importantly, it was written in language that I could understand. It also spelled out the exact steps necessary to affect required changes. I would recommend this book to anyone who has an aging parent in their care.

This book is well written. It has many details on the intricacies of Medicare, Medicaid, Supplementary Insurance and many complex areas of the health care code. The author explains how to manage a patient from a long distance. This involves developing contacts in order to assist in maintaining the patient while away from home. The author provides a checklist which explains how to evaluate a nursing home for accessibility, cleanliness, order and a host of other important criteria. The work explains the various Long Term Care Insurance Policies and alternatives. This book will help you to craft a patient care plan given the many constraining factors in the existing health care system. i.e. complex regulations, cost, regional differences etc.

I bought this book because I need to decide where my mother should live. I was surprised at how much information it had. It helped me think about all the choices. I think we're going to try to work out a way to help her stay at home and the book had lots of really practical stuff about doing that. I understand Medicare and Medicaid now and the differences between the kinds of facilities. I liked the lists and the worksheets that really helped me get organized. The book also helped me think about what I want to do when I get older. I think this is a good book for anyone dealing with an older

parent.

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